

Heather L. Mehigan

Shareholder

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Recognizing that many people meet Heather Mehigan during times of significant personal and family turmoil, her legal insight and sincerity put them at ease. A tireless advocate for her clients, she assesses the circumstances of each matter and then works collaboratively with all parties to effect the best possible resolution. Heather instills a sense of confidence in her clients, and opposing counsel respect her fair and firm efforts to achieve consensus.

Her areas of focus include fiduciary litigation matters such as guardianship of adults and minors, elder law and trust and estate litigation. Heather has substantial experience in a full range of family law matters including complex issues related to business and property valuations, division of marital property and custody and visitation issues. Heather's fine work and reputation led to her appointment as Vice Chair of the Commercial Litigation Department and Chair of the Divorce and Family Law Practice Group, as well as a position on the Firm's Strategic Advisory Committee.



BAR & COURT ADMISSIONS

District of Columbia

Maryland

U.S. District Court for the
District of Maryland

Virginia

EDUCATION

University of Baltimore School
of Law, J.D., 2000

University of Delaware, B.A.,
1996

Heather also assists families in unique and challenging circumstances regarding issues related to disabled adults and individuals suffering from mental health issues. In addition to her fiduciary and family law practice, she regularly advises social workers, nurses, psychologists and psychiatrists regarding personal and business issues. She has advised therapists regarding a range of legal issues including responding to subpoenas, best practices and Board complaints. In addition, Heather advises health care professionals regarding the ethical issues and pitfalls of virtual or telemedicine best practices.

Heather is currently a member of the Montgomery County Chapter of the Women's Bar Association's Judicial Selections Committee, and she previously served as an officer of the Montgomery County Women's Bar Association. She also serves as Vice Chair of the Board of Directors of Catholic Cemeteries of the Archdiocese of Washington, and recently stepped down from Caring Matters after more than 15 years of service as a Board Officer and Trustee.

Prior to joining Shulman Rogers, Heather was a judicial law clerk to the Honorable Lenore R. Gelfman in the Circuit Court for Howard County, Maryland.

Recognition

- Maryland Super Lawyers, 2014 – 2026
- Bethesda Magazine, Top Family/Divorce Attorney, 2019, 2025
- The Best Lawyers in America®, 2023–2026
- Best Lawyers Women in the Law, 2025
- Washingtonian Magazine, Top Lawyers, 2022–2024
- Washington DC Super Lawyers, 2014 – 2022